




March-2017



THOMASTON SCHOOL LUNCH
BLACKROCK SCHOOL



MILK \$.50
LUNCH \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>27-Feb</p> <p>POPCORN CHICKEN BITES WARM DINNER ROLL DIPPING SAUCES CORN</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>28-Feb</p> <p>PIZZA CRUNCHERS PEAS FRUIT JUICE</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>1-Mar</p>  <p>WARM SOFT PRETZEL CHOOSE 1 OR 2 CHEESE SAUCE, PEANUT BUTTER, STRING CHEESE OR YOGURT STEAMED BROCCOLI CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>2-Mar</p> <p>PASTA with MEAT SAUCE WG DINNER ROLL GARDEN SALAD FRUIT JUICE</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>3-Mar</p> <p>6" PERSONAL ROUND CHEESE PIZZA GARDEN SALAD</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>
<p>6</p> <p>CHICKEN PATTIE ON A ROLL LETTUCE AND TOMATO SWEET CORN</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>7</p> <p>MINI PANCAKES WITH SAUSAGE PATTIE, SYRUP OVEN ROASTED POTATOES FRUIT JUICE</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>8</p> <p>HOT DOG ON A BUN BAKED BEANS</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>9</p> <p>SLOPPY JOE ON A BUN SWEET POTATO TOTS</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>10</p> <p>FRENCH BREAD CHEESE PIZZA GARDEN SALAD</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>
<p>13</p> <p>CHICKEN TENDERS WITH A BROWN RICE DIPPING SAUCES SWEET CORN</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>14</p> <p>BEEF NACHOS with CHEESE SAUCE STEAMED BROCCOLI FRUIT JUICE</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>15</p> <p>CHICKEN & GRAVY OVER MASHED POTATOES DINNER ROLL GLAZED CARROTS</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>16</p> <p>PIZZA CRUNCHERS PEAS FRUIT JUICE</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>17</p> <p><i>St. Patrick's Day</i></p> <p>6" PERSONAL ROUND CHEESE PIZZA GARDEN SALAD</p> <p><i>St. Patrick's Day Treat</i></p>  <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>
<p>20</p> <p>CHICKEN NUGGETS DIPPING SAUCES DINNER ROLL SWEET CORN</p>  <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>21</p> <p>TOASTED CHEESE SANDWICH TOMATO SOUP FRUIT JUICE</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>22</p> <p>MOZZARELLA STICKS MARINARA DIPPING SAUCE STEAMED BROCCOLI</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>23</p>  <p>CELEBRATE ALL MARCH BIRTHDAYS HAMBURGER or CHEESEBURGER ON A BUN OVEN BAKED POTATO PUFFS FRUIT JUICE</p> <p>Whole Grain Mini Rice Krispie Treat</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>24</p> <p>STUFFED CRUST CHEESE PIZZA GARDEN SALAD</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>
<p>27</p> <p>POPCORN CHICKEN BITES WARM DINNER ROLL DIPPING SAUCES STEAMED BROCCOLI</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>28</p> <p>PIZZA CRUNCHERS CORN FRUIT JUICE</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>29</p> <p>WARM SOFT PRETZEL CHOOSE 1 OR 2 CHEESE SAUCE, PEANUT BUTTER, STRING CHEESE OR YOGURT SCHOOL MADE CHICKEN SOUP CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>30</p> <p>PASTA with MEAT SAUCE WG DINNER ROLL GARDEN SALAD FRUIT JUICE</p> <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>	<p>31</p> <p>6" PERSONAL ROUND CHEESE PIZZA GARDEN SALAD</p>  <p>CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY</p>

ADDITIONAL ENTREES SERVED DAILY

Choice #2 ASSORTED GRINDERS

Choice #3 Bagel Box, Cream Cheese, Fruited Yogurt, Cheese Stick,

Choice #4 CHEF SALAD - Assorted salad greens, turkey and cheese with a dinner roll and croutons

Choice of non-fat or low fat, white milk or non fat chocolate, non fat strawberry milk included with every meal.

COMPLETE EACH MEAL WITH YOUR CHOICE OF A COLORFUL ASSORTMENT OF HIGH FIBER, VITAMIN PACKED FRESH VEGGIES AND FRESH FRUIT OR CANNED FRUIT

choose one or two vegetables daily



choose one fruit daily



SUBSTITUTIONS MAY OCCUR

This institution is an equal opportunity provider

ICE-CREAM & FROZEN TREATS \$1.00

HEALTHY SNACKS

\$1.00

WATER \$1.00

BREAKFAST

\$1.50

Milk Serving 8oz. Breads are Whole Grain
Fruit and Vegetables portioned in 1/2 cup servings