



THOMASTON SCHOOL LUNCH
BLACKROCK SCHOOL



MILK \$.50
LUNCH \$3.00

May-2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NATIONAL SCHOOL NUTRITION EMPLOYEE APPRECIATION WEEK				
1-May	2-May	3-May	4-May	5-May
POPCORN CHICKEN BITES WARM DINNER ROLL DIPPING SAUCES CORN CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	PIZZA CRUNCHERS STEAMED BROCCOLI FRUIT JUICE CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	WARM SOFT PRETZEL CHOOSE 1 OR 2 CHEESE SAUCE, PEANUT BUTTER, STRING CHEESE OR YOGURT FRESH VEGGIE STICKS CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	PASTA with MEAT SAUCE WG DINNER ROLL SWEET PEAS FRUIT JUICE CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	STUFFED CRUST CHEESE PIZZA GARDEN SALAD CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY
8	9	10	11	12
CHICKEN PATTIE ON A ROLL LETTUCE AND TOMATO GLAZED CARROTS CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	MINI PANCAKES WITH SAUSAGE PATTIE, SYRUP OVEN ROASTED POTATOES FRUIT JUICE CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	BEEF NACHOS with CHEESE SAUCE STEAMED BROCCOLI CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	HOT DOG ON A BUN BAKED BEANS FRUIT JUICE CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	STUFFED CRUST CHEESE PIZZA GARDEN SALAD CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY
15	16	17	18	19
CHICKEN TENDERS WITH A BROWN RICE DIPPING SAUCES SWEET CORN CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	BOSCO STICKS MARINARA SAUCE FRUIT JUICE CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	FRENCH TOAST STICKS SAUSAGE PATTIE, SYRUP OVEN BAKED POTATOES PUFFS CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	MOZZARELLA STICKS MARINARA DIPPING SAUCE STEAMED BROCCOLI CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	STUFFED CRUST CHEESE PIZZA GARDEN SALAD CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY
22	23	24	25	26
CHICKEN NUGGETS DIPPING SAUCES DINNER ROLL STEAMED BROCCOLI	PIZZA CRUNCHERS SWEET PEAS FRUIT JUICE CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	SOFT SHELL BEEF TACO LETTUCE, TOMATO SWEET CORN CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	 CELEBRATE ALL MAY BIRTHDAYS TOASTED CHEESE SANDWICH TOMATO SOUP FRUIT JUICE Whole Grain Mini Rice Krispie Treat CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	STUFFED CRUST CHEESE PIZZA GARDEN SALAD CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY
29	30	31	1-Jun	2-Jun
 Memorial Day	POPCORN CHICKEN BITES WARM DINNER ROLL DIPPING SAUCES STEAMED BROCCOLI CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	WARM SOFT PRETZEL CHOOSE 1 OR 2 CHEESE SAUCE, PEANUT BUTTER, STRING CHEESE OR YOGURT FRESH VEGGIE STICKS CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	PASTA with MEAT SAUCE WG DINNER ROLL GARDEN SALAD FRUIT JUICE CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY	STUFFED CRUST CHEESE PIZZA GARDEN SALAD CANNED FRUIT TRAY ASSORT FRESH VEG & FRUIT TRAY

ADDITIONAL ENTREES SERVED DAILY

Choice #2 ASSORTED GRINDERS

Choice #3 Bagel Box, Cream Cheese, Fruited Yogurt, Cheese Stick,

Choice #4 CHEF SALAD - Assorted salad greens, turkey and cheese with a dinner roll and croutons

Choice of non-fat or low fat, white milk or non fat chocolate, non fat strawberry milk included with every meal.

COMPLETE EACH MEAL WITH YOUR CHOICE OF A COLORFUL ASSORTMENT OF HIGH FIBER, VITAMIN PACKED FRESH VEGGIES AND FRESH FRUIT OR CANNED FRUIT

choose one or two vegetables daily



choose one fruit daily



SUBSTITUTIONS MAY OCCUR

This institution is an equal opportunity provider

ICE-CREAM & FROZEN TREATS \$1.00

WATER \$1.00

HEALTHY SNACKS

BREAKFAST

\$1.00

\$1.50

**Milk Serving 8oz. Breads are Whole Grain
Fruit and Vegetables portioned in 1/2 cup servings**